

Quest Food Management

Recipe Sizing Report

001055 - sausage- turkey links gfs : nslp	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: serving	Meat/Alt: 2 oz Grains: Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
902809 sausage turkey links gfs 211788....	150 (1 link= .62m/ma)	

*Nutrients are based upon 1 Portion Size (serving)

Calories	195 kcal	Cholesterol	67 mg	Sugars	*N/A* g	Calcium	30.00 mg	69.23%	Calories from Total Fat
Total Fat	15.00 g	Sodium	675 mg	Protein	15.00 g	Iron	0.54 mg	20.77%	Calories from Saturated Fat
Saturated Fat	4.50 g	Carbohydrates	1.50 g	Vitamin A	0.0 IU	Water ¹	0.00 g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.0 mg	Ash ¹	0.00 g	3.08%	Calories from Carbohydrates
								30.77%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

¹ - denotes combined nutrient totals with either missing or incomplete nutrient data

² - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Product Information for 211788 SAUSAGE LNK TURKEY 16/# 10# PERD

Pack	1/CASE	Manufacturer #	50103
Portion Size	EA	Net Weight	10
Portion/Case	160	UPC Code 1	272745501030
Price	21.68		

Quantity Invoiced Over Last 6 Weeks

10/26/2014	11/2/2014	11/9/2014	11/16/2014	11/23/2014	11/30/2014
0	0	0	0	0	0

Other Information

Item Yield	CASE= 1-10# BOX TURKEY SAUSAGE LINKS (ABOUT 160 PER CASE).
Shelf Life	FROZEN= 12 MONTHS.
Thawing Instructions	THAW IN REFRIGERATED UNIT OR PREPARE FROZEN,
Basic Preparation	COOK TO INTERNAL TEMPERATURE OF 165 DEGREES. FOLLOW CONVECTION OVEN OR CONVENTIONAL OVEN INSTRUCTIONS ON BOX. PRODUCT CAN ALSO BE GRILLED.
Merchandising Idea	GREAT FLAVOR AND PERCEIVED HEALTH BENEFITS COMPARED TO PORK SAUSAGE. **25 % LESS FAT THAN MOST PORK SAUSAGE. PRODUCT IS ALSO CN FOR BREAKFAST FEEDING IN SCHOOLS. MADE FROM 100% TURKEY; NO FILLERS ADDED. NATURALLY LOWER INSALT AND 50% LESS FAT THAN PORK LINKS. GREAT FLAVOR.**HEALTHCARE, SCHOOLS AND COMMERCIAL FEEDERS.**PRIMARILY BREAKFAST.

Nutritional Information for SAUSAGE LNK TURKEY 16/# 10# PERD

Product Number:	211788
Description:	AP Sausage, Link, Trky, Brkfst, Perdue F

Serving Size 2 each (56 g)			
Amount Per Serving			
Calories 130	Calories from Fat 90		
% Daily Value			
Total Fat	10 g	15%	
Saturated Fat	3 g	15%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	45 mg	15%	
Sodium	450 mg	19%	
Potassium	n/a	n/a	
Total Carbs	1 g	0%	
Dietary Fiber	0 g	0%	
Sugars	0 g	n/a	
Protein	10 g	20%	
Vitamin A -	0%	Vitamin C -	0%
Calcium -	2%	Iron -	2%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	20 mg
Vitamin C	0 mg	Iron	.36 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a



Foodservice



PERDUE® RTC Turkey Sausage Links, Mild, 1 oz., CN Labeled (50103)

Ground Turkey blended with seasonings, and formed into sausage links (1 oz. minimum) and frozen. Packed approx. 160/box. Two sausage links when cooked provide 1.25 oz. equivalent meat for CN meal pattern. Shipped frozen.

Features & Benefits

- Ready-To-Cook - Turkey breakfast sausage are ready-to-cook on any oven or on the grill.
- Available in Links or Patties - Choice of links or patties to fit any operational need.
- Pre-Portioned and Easy to Prepare - Ready to serve in just minutes with no added labor.
- Made with 100% PERDUE Turkey - Broader religious and ethnic appeal.

Ingredients

INGREDIENTS: TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, SALT, DEXTROSE, SPICES, SUGAR, BHT, CITRIC ACID, EDIBLE BEEF CASING.

Allergens
none

Handling

Cook Level
Ready-to-Cook

Storage Method
Frozen

Preparation & Cooking

Recommended cooking instructions only. Actual times and temperature may vary. All poultry products should be cooked to an internal temperature of 165F.

- GRILL: Cook from frozen state on medium heat, turning to cook evenly on both sides. Cook until done (not pink in center). If links begin to stick due to their fat content, add a small amount of cooking oil.
- BAKE: Preheat oven to 400F and place sausages in lightly oiled baking pan. Bake 15 to 18 minutes, turning halfway through, until fully cooked (not pink in center).
- BROIL: Broil sausage links 6" to 8" from heat source 15 minutes turning two thirds way through until fully cooked (not pink in center).

Specifications

Case GTIN: 10072745501033
Item GTIN: 00072745501036

Case: 15.9375 x 10.6875 x 6.125
Case Cube: 0.6
Case per Pallet: 120
Pallet Tie Ht: 10 x 12

Specifications subject to change 12/3/2014

Nutrition Facts **

Serving Size:

Serving Per Container:

Amount Per Serving

Calories: Calories from Fat:

% Daily Value*

Total Fat:

Saturated Fat:

Trans Fat:

Cholesterol:

Sodium:

Total Carbohydrate:

Dietary Fiber:

Sugars:

Protein:

Vitamin A • Vitamin C

Calcium: • Iron:

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**This is a representation of the nutrition label. The actual nutrition label may vary slightly.